

The Independent Notre Dame Footballers



Medical Research Project

HITSS-ND.org

FORMER NOTRE DAME FOOTBALL PLAYERS NEEDED

The **Independent Notre Dame Footballers' Medical Research Project**, conducted by Boston University School of Medicine researchers, is now enrolling for Phase Two (called **HITSS-ND**) to answer questions about later life brain health risks from repetitive head impacts in contact sports.

WHAT WAS PHASE ONE?

Phase One of the study involved a survey of neurological and other health conditions, completed by 216 former Notre Dame football players from the 1964-80 seasons. That study was recently published in a major medical journal. A summary of the findings can be found on the back of this page.

WHAT IS PHASE TWO?

HITSS-ND is a research study conducted entirely online. It is an extension of the **Head Impact & Trauma Surveillance Study (HITSS)** specifically for former Notre Dame football players. Anyone age 40 or older who played football at Notre Dame (including those who participated in Phase One) can participate.

HITSS-ND includes questionnaires on sports participation, medical history, behavior, mood, and a few brain games. The entire HITSS-ND assessment takes approximately 2 hours and can be completed at any time and over several days if desired.

HITSS-ND is entirely independent of the University of Notre Dame and is not funded by the University.

HOW CAN I PARTICIPATE?

HITSS-ND is for anyone age 40 or older who played football at Notre Dame.

- *If I already participated in Phase One, can I enroll in HITSS-ND? **Yes!***
- *If I did not participate in Phase One, can I still enroll in HITSS-ND? **Yes**, as long as you are 40 or older and played football at Notre Dame.*

To learn more or enroll, visit HITSS-ND.org or scan the code below:

ENROLL HERE



www.HITSS-ND.org

HOW ELSE CAN I HELP?

Please spread the word to your former Notre Dame teammates and encourage them to enroll at www.HITSS-ND.org.

Have friends or family that are interested in participating but didn't play at Notre Dame? Encourage them to visit www.HITSS.org to learn more about enrolling in HITSS.

OTHER QUESTIONS?

Email: NDSStudy@BU.edu

**BOSTON
UNIVERSITY**

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